



HearthRow

Adult Family Home Tour Checklist

What to look for, ask, and write down when you visit a small, licensed adult family home for someone you love.



Before you go

- Confirm the home's current state license or certification yourself
- Ask the level of care the home is approved to provide
- Schedule a visit at a normal time of day, not just an open house
- Bring this checklist and a notebook for each home you tour



Walking in the door

- Is the home clean, calm, and home-like (not clinical)?
- Do residents look comfortable, dressed, and engaged?
- Are there safety features: grab bars, ramps, good lighting?
- Is there a private or shared room option that fits your loved one?



Meeting the caregivers

- How many caregivers are on duty, day and night?
- Are caregivers trained for your loved one's level of care?
- How are medications stored and given?
- What happens in a medical emergency or a fall?



Daily life

- What does a normal day look like? Meals, activities, outings?
- Can special diets, languages, or cultural needs be met?
- How are families kept informed and welcomed to visit?
- What is and isn't included in the monthly cost?



Before you decide



- Read every agreement; ask what triggers a move-out
- Confirm what happens if care needs change
- Check how concerns are handled and reported
- Never sign or pay until you understand the contract